



MENU

WHAT'S COOKING? GOOD LOOKIN' CHICKEN!

1 x Grilled Chicken Quarter 6.5

2 x Grilled Chicken Quarters 11.5

4 x Grilled Chicken Quarters 20.5

Chicken Wings 7.5

12 x Wing Platter 15

pick your sauce

HOW HOT?



WHICH BAR BEACH HOMEMADE SAUCE?

Original Bar Beach Sauce

a blend of tomatoes, chillies, peppers & herbs.

African Chilli

Sauce extra 0.5

chilli and lime

Bar Beach

Lemon & Herb

mixed herbs and lemon (mild)

Bar Beach

BBQ Sauce

smoky & sweet

Bar Beach

Peri Peri

spicy & tangy

ASK YOUR WAITER...

OUR HEROES...

Beach Style Hot Lamb Cutlets (4 pieces) 24

grilled to perfection with cumin and peppers served with a choice of jollof rice or chips

NEW Pulled Beef Brisket or Grilled Chicken (Have as a Wrap or Taco) 14

with sriracha, avocado, sliced red onion served with chips

Bar Beach Beef Ribs 22

beef ribs marinated for 24hrs, served with our house bbq sauce.

Served with a choice of jollof rice or chips
(Switch sauce to African chilli sauce for a spicy treat)

NEW Surf and Turf Mixed Grill 28

grilled lamb chop, grilled chicken wings giant grilled prawns, grilled chicken breast and grilled lamb kofte. served with a side of fries or jollof rice

Mixed Seafood Bowl 45

sautéed lobster tail, crab, squid, prawns, shrimp, corn, mixed peppers and coriander served with jollof rice or garlic bread

NEW King Prawn Pasta 20

juicy king prawns and calamari marinated in a garlic sauce. Served with garlic bread

NEW Vegetable Pasta 18

fried mushrooms, fried broccoli, red onions, mixed peppers, sautéed in a garlic and coriander sauce. Served with garlic bread

Peri Peri Whole Grilled Fish 25

marinated and served with garlic and ginger and mixed herbs served with our home made chilli sauce. with a choice of plantain, jollof rice or chips
(ask your waiter for catch of the day)

Mixed Sharing (serves 2-4) Platter 30

chicken wings, grilled beef suya (contains nuts), beach grilled prawns skewers, salt and pepper squid served with chips

Mixed Vegetarian Sharing (serves 2-4) Platter 20

Mac and cheese, cheesy fries,fried plantain, grilled corn on cob, toasted garlic bread

BUNS ON THE BEACH

The Bar Beach Beef Burger 14.95

brioche bun, beef patty cheddar cheese, bar beach burger sauce. caramelised onions, lettuce and tomato

Crispy Fried Chicken Burger 14.95

chicken breast fillet coated in bar beach special coating, zesty lemon pepper mayo, lettuce, tomato and homemade pickled cucumber

NEW Vegan Beef Style Burger 14.95

vegan brioche bun, meaty plant based patty, vegan cheese slice, vegan bar beach burger sauce, caramelised onions, lettuce and tomato

NEW Crispy Vegan Ch'kn Burger 14.95

vegan brioche bun, vegan ch'kn patty (soy based). lemon pepper mayo, lettuce, tomato and pickled cucumber

Beef Brisket Bao 6

shredded beef brisket,fresh rocket leaves, red onions, pickled cucumber, jalapeños and sliced avocado

Crispy Chicken Bao 6

Crispy fried chicken, fresh rocket leaves, red onions, pickled cucumber, jalapenos and sliced avocoda

Crispy Prawn Bao 6

crispy butterfly king prawn, fresh rocket leaves, red onions, pickled cucumber, jalapeños and sliced avocado

Crispy Ch'ckn Bao 6

Crispy vegan fried Ch'ckn, fresh rocket leaves, red onions pickled cucumber, jalapeños and avocado.

All burgers served with sweet potato fries, chips or fried plantain

Before ordering please ask any member of staff regarding food allergies or allergens advice and our policies. Let us know your intolerances.



LIKE IT SAUCY?

Saucy Lamb Stew Rice Bowl 18.95
cooked in tomatoes, peppers and thyme,
served with jollof rice

Saucy Chicken Stew Rice Bowl 16.95
cooked in tomatoes, peppers and thyme,
served with jollof rice

SOMETHING SMALL?

Our Famous Mac and Cheese 6
baked macaroni with cheddar and spices

Chicken/Vegetable Gyoza Dumplings 7/6.5
pan fried and filled with your choice
and served with a spicy sauce

A choice of Grilled Beef/Chicken Suya 11
grilled in a spicy peanut spice blend with tomato
& red onions (*contains nuts*)

Grilled Lamb Suya 13
grilled in a spicy peanut spice blend
with tomato & red onions (*contains nuts*)

Beach Grilled Prawn Skewers 9
with lemon grass, chilli and lime marinated king prawns

Popcorn Prawns 9
fried crispy battered popcorn size prawns,
seasoned in salt and pepper

Salt and Pepper Squid 9
battered squid, seasoned with salt and pepper seasoning

Bar Beach Tropical Salad 8.5 (V)
mix leaves, cherry tomatoes, cucumber, avocado, spring
onion, watermelon, mango, mango dressing
(add Grilled Chicken Breast) extra 3.95

Bar Beach Caesar Salad 8.5
a classic caesar salad with crunchy croutons
served with a salad dressing
(add grilled chicken breast) extra 3.95

SIDES

Fries 4.5 (V)
skin on crispy fries

Cheesy Fries 5.5
crispy fries covered in a special cheesy toppings.

Loaded Fries 9.5
crispy fries, shredded chicken with mozzarella cheese

Grilled Halloumi Fries 7 (V)
served with a tropical sauce

Spicy Suya Fries 5.5 (V)
crispy potato fries tossed in a suya infused salt.
garnished with spring onions and mixed chillies

Peri Peri Fries 4.5 (V)
tossed in our peri peri salt

Sweet Potato Fries 5.5 (V)
rough cut

Fried Plantain 5.5 (V)
sweet and soft

Grilled Corn On Cob 3.6
grilled in butter

Jollof Rice 6.5
rice cooked in tomatoes, red peppers and a beef stock

Homemade Coleslaw 3.6
purple cabbage, spring onions, salad cream

Simple Side Salad 4.95 (V)
rocket salad, cherry plum tomatoes sliced cucumbers
served with vinegarete dressing

Toasted Garlic Bread 4.5 (add cheese extra 2)

Ginger & Spring Onion Oil Tender Stems 5.5 (V)
grilled and sweet

Moi Moi Served On A Banana Leaf 6 (V)
steamed bean pudding cooked in red peppers

Vegetable Fried Rice 6.5 (V)
stir fried with a crunchy mix of aromatic vegetables
add king prawns 3.5

AND LET'S NOT FORGET ABOUT DESSERT!

Camping Bao S'mores 7.95
toasted marshmallow and layer of gooey chocolate
and crusted peanut on a
crispy fluffy bao

Coconut Ice Cream 7.95
in a shell

Sticky Toffee Pudding 7.95
served with ice cream or
vanilla infused custard

Banana Cake and Custard 7.95
served with hot vanilla infused custard

Hot Salted Caramel and Chocolate Waffle 7.95
served with vanilla ice cream

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